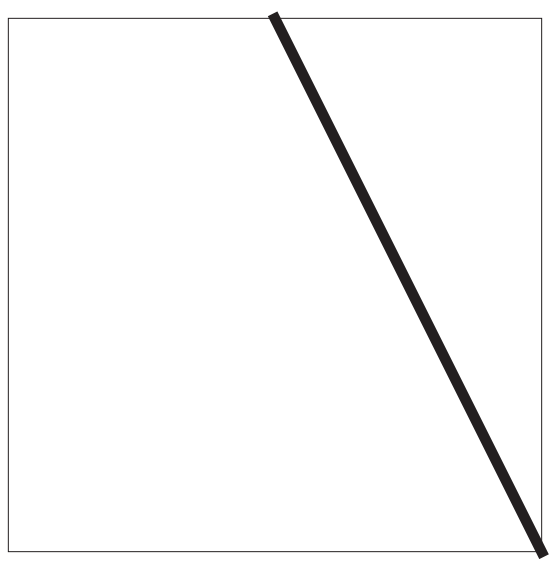
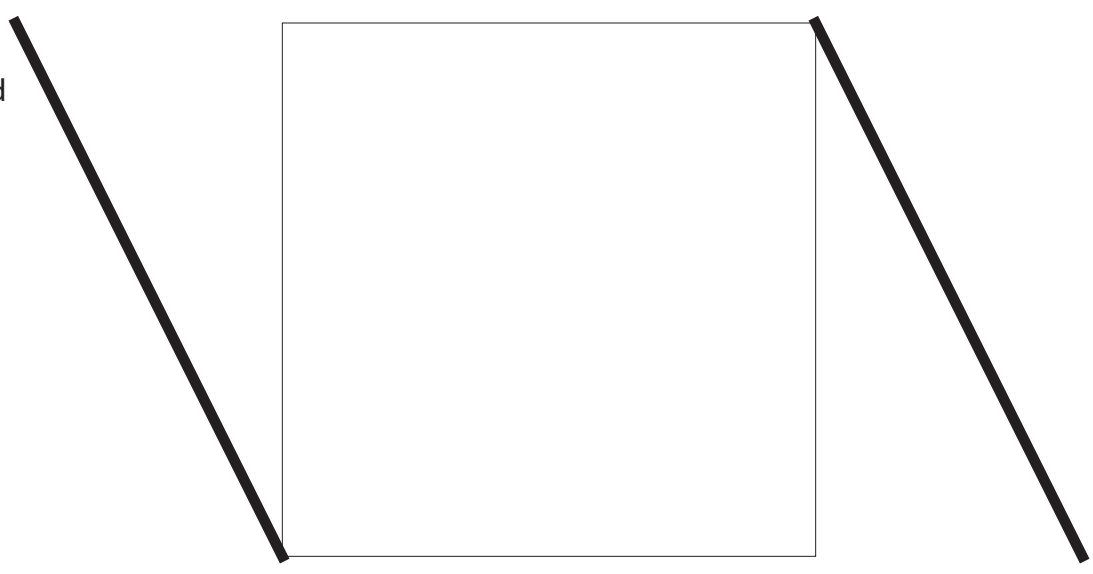
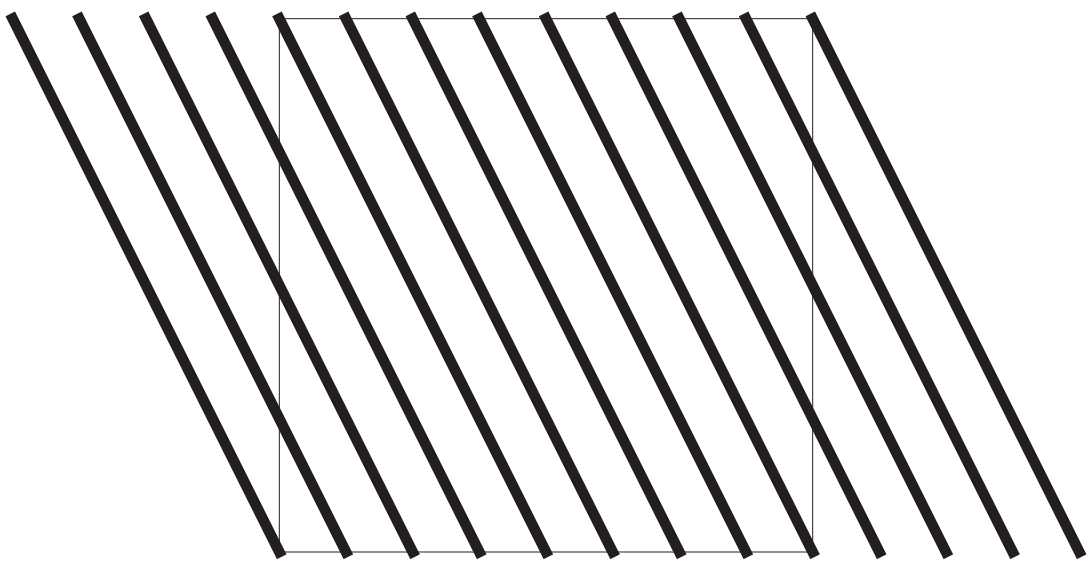
Step 1
Line from top center of 200pt square to bottom right



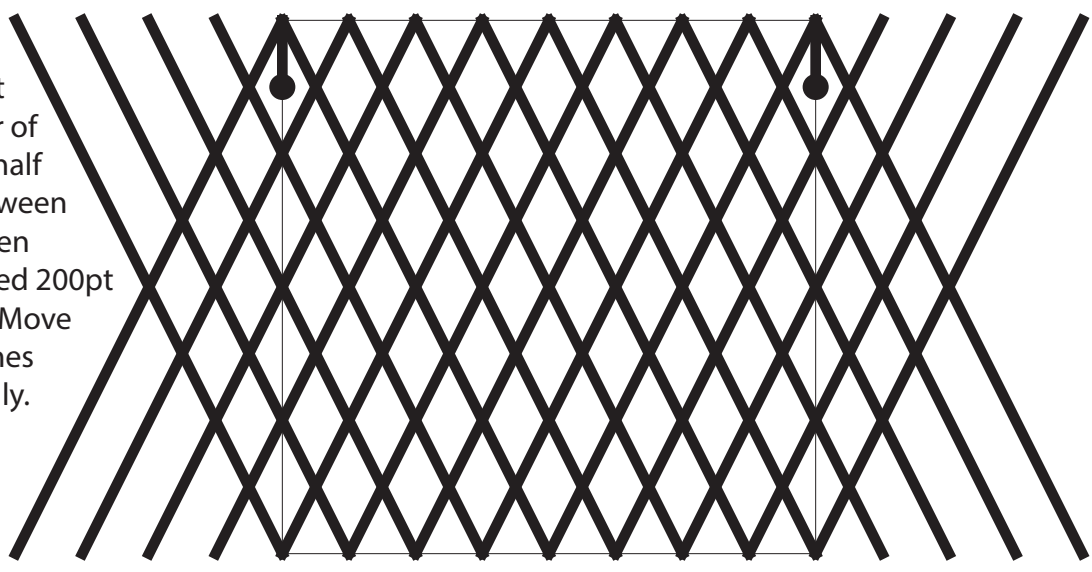
Step 2
Diagonal aligned with bottom left and top right



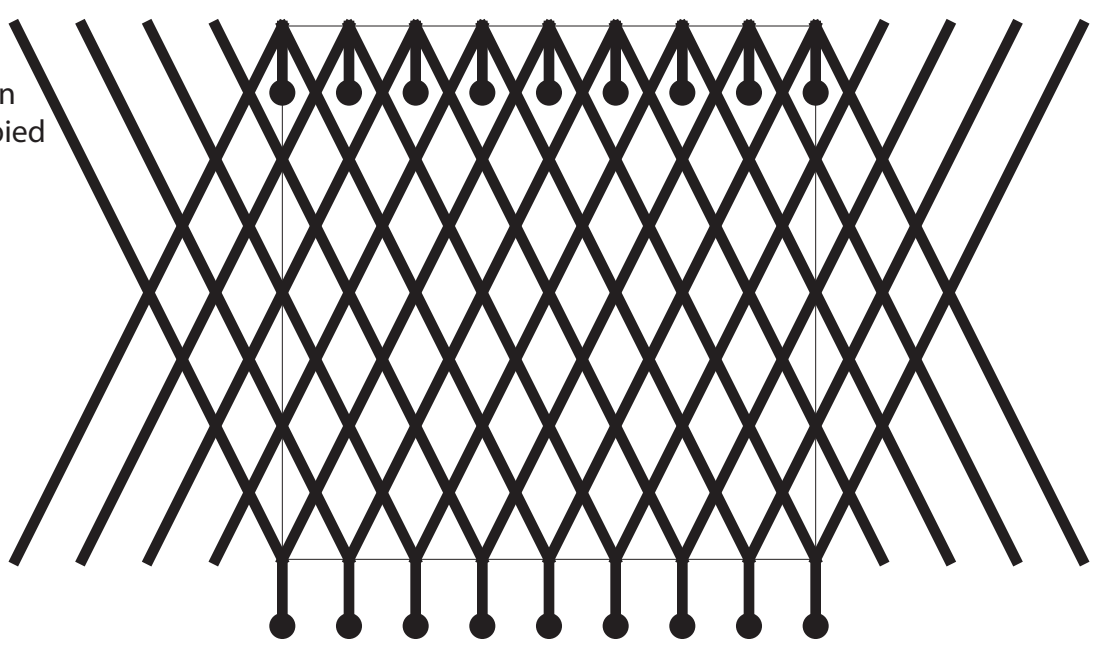
Step 3
Diagonal lines blended with 11 steps



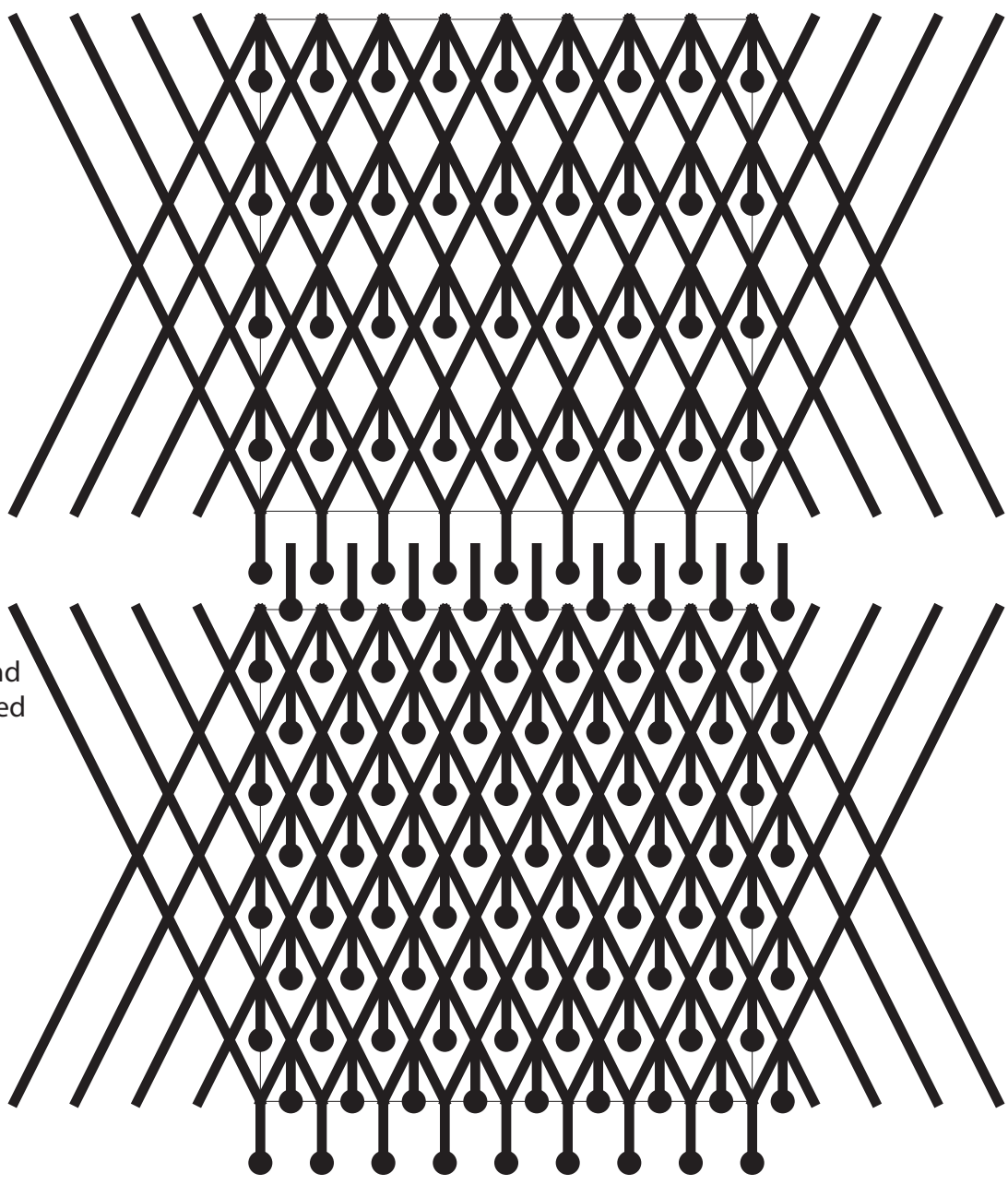
Step 4
Gizmo created at upper left corner of square, circle at half the distance between intersections. Then moved and copied 200pt with Transform>Move tool. Diagonal lines reflected vertically.



Step 5
Gizmo blended in 7 steps, then copied down to base of square

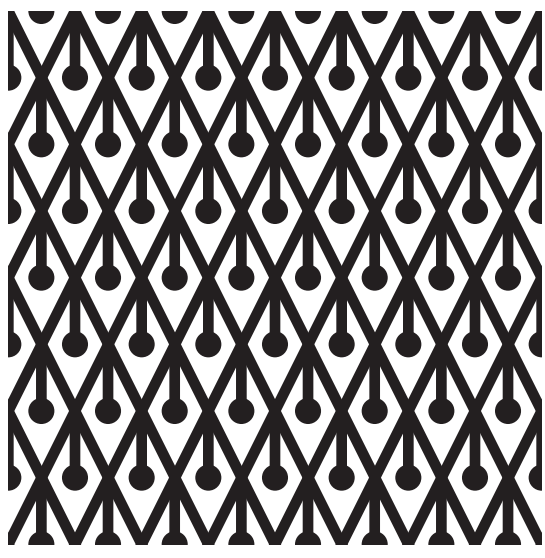
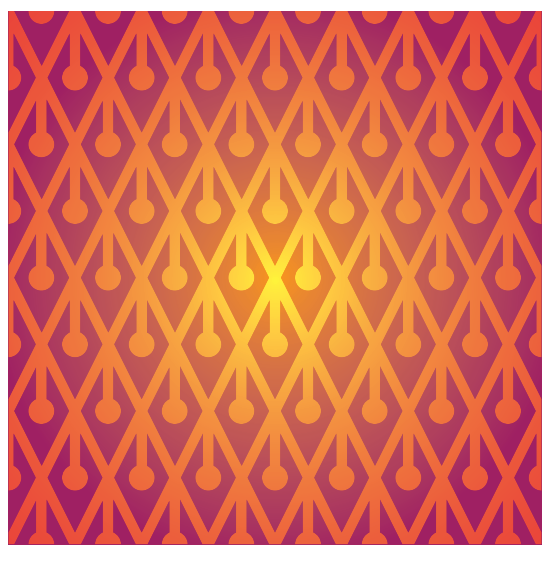
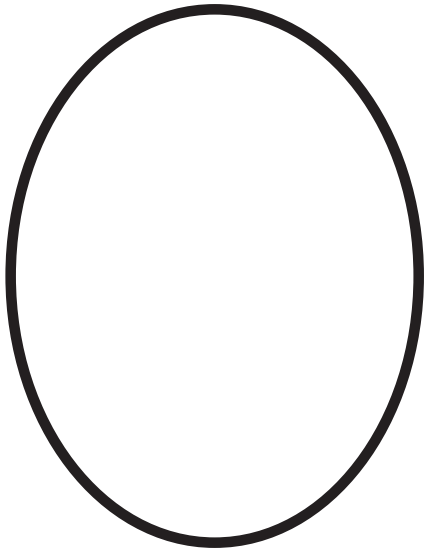
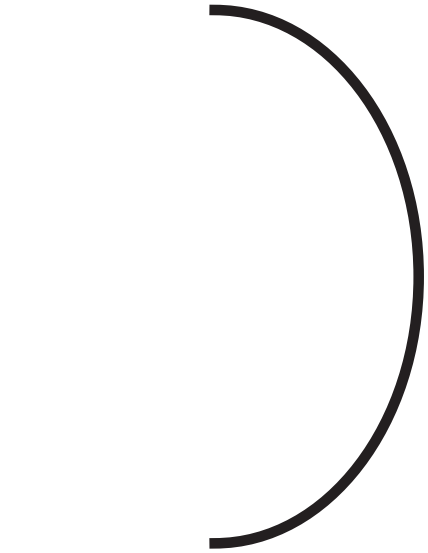
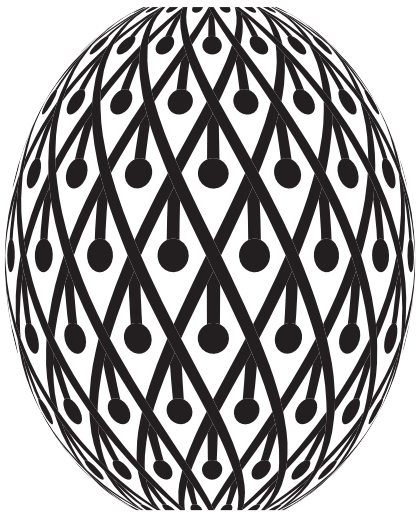
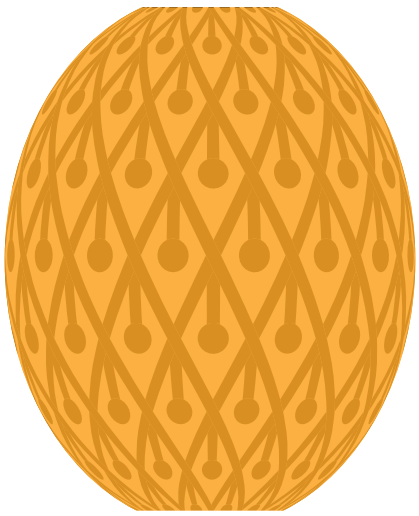


Step 6
Gizmo blends expanded then blended again top to bottom in 3 steps



Step 7
Multi gizmo blend copied and shifted over and up.

Step 8
Square used to make clipping mask, then turned into a Static Symbol.



Step 9
Symbol expanded and colorized then turned into a new Static Symbol.